

April 26th, 2020

Dr. Jacob T. King, Senior Pastor

Sermon Title: "From Anxiety to Stability"]

Series: "The Purpose of God in the Pressures of Life"

Text: 1 Peter 5:6-10

1 Peter 5:6-10 (ESV)

⁶ Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you,⁷ casting all your anxieties on him, because he cares for you. ⁸ Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. ⁹ Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. ¹⁰ And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you.

1 Peter 5:6-10 (The Phillips Translation)

So, humble yourselves under God's strong hand, and in his own good time he will lift you up. You can throw the whole weight of your anxieties upon him, for you are his personal concern. Be self-controlled and vigilant always, for your enemy the devil is always about, prowling like a lion roaring for its prey. Resist him, standing firm in your faith and remember that the strain is the same for all your fellow-Christians in other parts of the world. And after you have borne these sufferings a very little while, God himself (from whom we receive all grace and who has called you to share his eternal splendor through Christ) will make you whole and secure and strong.

1. The Pressure of Anxiety

- Anxiety can be mixed up pride. (vs. 6)
- Be alert to what causes anxiety. (vs.8)
- We are told to resist anxiety. (vs. 9)

2. The Purposes of God in Anxiety

- Humility requires casting our anxieties on God. (vs.7)
- Deal with it, don't dwell on it. (vs.9)
- Find strength in healthy relationships with other people (vs. 9)
- Spiritual stability is God's purpose when you feel anxiety. (vs.10)

Matthew 16:21-23

²¹ From that time Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised. ²² And Peter took him aside and began to rebuke him, saying, "Far be it from you, Lord! This shall never happen to you." ²³ But he turned and said to Peter, "Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man."